



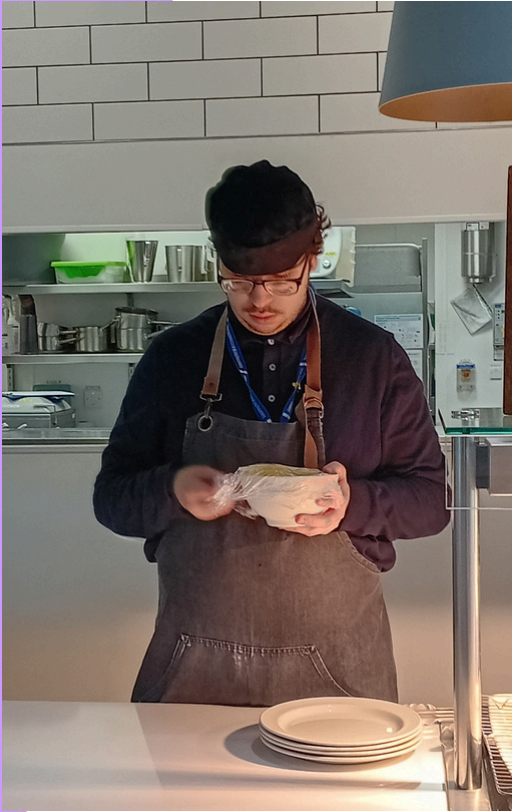
LIGHTHOUSE
FUTURES TRUST



Cyrus

“It’s made me feel happy because I have made new friends and I’m taking exams which hopefully I will pass.”

Supported
Internship
Case Study



Name: Cyrus

Job Role: Catering Assistant

Business: KPMG

Start Date: September 2024

School Attended: Ralph Thoresby, Green Meadows

Age: 19

EHCP: Yes

Medical Diagnosis: Epilepsy, Autism

What are you doing for your supported internship with Lighthouse Futures Trust?

I work in the catering team, preparing vegetables for salads, soups and main meals. I'm responsible for the preparation, cooking and serving of the jacket potatoes. Some days it can get really busy and on these days I have to work faster. I think it is a good job. It's a nice friendly environment and I like the people I work with because they are kind and helpful. The customers are friendly and I try my best to get them what they need. Occasionally some customers ask for bigger portions! They're ok when I have to say no but I would ask another member of the team to help me if they weren't.

What did you do before starting your supported internship?

I was at Green Meadows school doing post-16 studies including cooking and job tasters at Leeds City College.

Why did you feel you needed to do a supported internship?

I decided to come to Lighthouse Futures Trust because they would help me to get a job and the staff would support me more. My mum knew about Lighthouse Futures Trust and knew how supportive they were.

What are the benefits?

The supported internship will help me to eventually get a job. I would like to get a job in catering.

What difference has it made?

It's made me feel happy because I have made new friends and I'm taking exams which hopefully I will pass. I come into college two days a week for maths, English and health and wellbeing. I also go to the Connections Club each month as well as Table Tennis Club and Creative writing Club after college. We have been to the Tetley and to the German Market as part of the Connections Club.

What have been the successes so far?

Getting into the internship I wanted to do. I really wanted KPMG and that is the one I got. I also passed my hygiene training which I'm really proud of!

How does your job coach help you?

My job coach supports me by coming to our department to visit me every day to ask how I'm doing. This makes it feel like I'm doing good work.

Do you have any advice for someone considering a supported internship?

It's fun! If you want to get into a job then make sure you pick the right placement or you might not enjoy it. If you pick the wrong one then it is possible to swap.

What would you like to do next?

Get a job in catering at KPMG. I should know by the summer whether this will happen. If it doesn't then Lighthouse Futures Trust will help me find a job elsewhere.



LIGHTHOUSE
FUTURES TRUST

**Is a supported
internship for you?**

Visit our website to find
out more:

www.lighthousefuturestrust.org.uk