



LIGHTHOUSE
FUTURES TRUST

**“It’s a great place to be
and I’m surrounded by
supportive people.”**

George, Post Room Assistant, KPMG

Supported
Internship
Case Study



Name: George

Job Role: Post Room Assistant

Business: KPMG

Start Date: October 2024

School Attended: Beech Cliffe School

Age: 21

EHCP: Yes

Medical Diagnosis: Autism

What does your supported internship involve?

In the morning when I arrive I go straight to the post room, get my note book and check the meeting rooms to make sure they're tidy and have the right number of chairs. I check post trays to see if there is any post. I can book in the deliveries and set up the training and meeting rooms.

I have two supervisors who give me work to do, although I do the jobs above independently. If my supervisors aren't around then I answer the intercom and door to visitors. The job is very good. I like doing it and I like helping people.

What did you do before starting your supported internship?

I tried to get my A levels at Beech Cliffe School and then went to Askham Bryan College for Animal Care for a 1 year course which I passed.

I went to a big event at the Arena in Leeds where I heard about Lighthouse Futures Trust so we visited them in Headingley and I decided to do the internship.

Why did you feel you needed to do a supported internship?

I decided to do the internship to help me get ready for the big world of work and to get experience in the workplace.

KPMG is a nice place to intern at. The people are friendly and the food is tasty. We get free food on Fridays – that's fish and chip day!

What difference has the internship made?

I am more confident in myself and my abilities.

What are the benefits of doing a supported internship?

Making new friends. It's a great place to be and I'm surrounded by supportive people. I need to be shown the ropes before I can do a job and that's what they do.

I am in the college on two days and I am at KPMG three days a week. I like the college days as they help me with maths and English and I get to see my friends.

What have been your successes so far?

I set the presentation room up independently with 50 chairs. I'm very proud of that one. I used a chair trolley to get all the chairs and I had to lay them out in order.

Have there been any challenges?

I struggled to use the in-house system at first but I now know what to do because my work buddy has helped me.

Do you have any advice for someone considering a supported internship?

Just trust your work buddies, they can be a big help. They are here to help you and they do. My job coach has been great too. She's very kind and supportive.



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