



My name is Isabelle. I am 21 of years of age. I have epilepsy and I struggle to talk to people and lack confidence, especially in new situations. If there is an adult with me I will look at them for help if I am asked a question.

I like animals and I have a corn snake, two dogs, one cat and two budgies. I went to primary school and then to secondary school before college and then started at Lighthouse Futures Trust. I did a one-year pre-internship at Lighthouse Futures Trust and now I'm doing a supported internship at Johnson & Johnson. I work in customer service. My job involves working on three computer screens using a spreadsheet. I have to copy and paste numbers from a spreadsheet and move them into another box. The numbers are 5 or 6 digits and are patient/customer numbers. These may be patients who are waiting for hip replacements. I know how to do the job but I don't always understand why I have to do it. Basically, I am checking numbers and chasing up medical kits. The job sounds complicated, but I am now doing three different tasks. I enjoy the job. I work with other people, and they are really nice. They show me what to do.

I work three days a week from 9am to 3.30pm and I get a taxi to work and home again.

I can now work on my own without supervision. I am proud about that, and I like to be left by myself.

It can get noisy at work and I don't like this. Once I had to tell people near me to be quiet because I was trying to work. This was progress for me as normally I won't talk much and I am very quiet. It is a nice environment, very welcoming and friendly. I wasn't really speaking to many people when I started but I speak to more people now as I've got to know them more and as my confidence has grown. Starting work has helped me a lot and my job coach, Wendy, says she has noticed a difference in me. I like Wendy, she is my friend and we have a laugh together. If I get stuck at work I can get out my book of instructions that my job coach helped prepare for me.

After my internship I would like to find a job working with animals.