

Staff at school told me a bit about Lighthouse Futures Trust and explained supported internships to me. There were other options, but I preferred Lighthouse. I thought it would be good for meeting new people and it would be new chapter in my life. It sounded better than going to college and I knew people already there who said it was good and the staff were nice. It was going to be a new start where I wouldn't know anyone.

Knowing what to do in my life was a big challenge for me. I know I want to work but I just don't know what I want to do and I don't know what I will like.

At work I rake up leaves, do the weeding, litter picking and general ground maintenance. The job is ok, you have lots of different people at work but I know most of my co-workers and I have good relationships with some of the staff, especially Charlotte.

I get a taxi to work. I have to wear goggles and a helmet at work. These were supplied for me. I may also be given a high vis jacket if I need one. I use pliers, shears and tools at work so I have to be careful and sensible so I don't hurt myself or anyone else. It's not my favourite job but I want to finish this one and learn new skills rather than switch to something new when I am just halfway through my learning.

College is alright. It could be worse, sometimes I can get a bit annoyed and I just keep this to myself. I have talked this through with my job coaches who have advised me to stay calm and have given me time to rant and offload. I have attended 100%.