



## ❖ October 2025 Update: ❖

Thank you to everyone who joined our recent Parent and Carer Peer Support session, presented to us by Shelley Daniels, the SENDCo.

This month's discussion focused on accessing **social care and benefits** for young people with disabilities or additional needs, especially during the transition from college to adulthood.

Key topics included:

- **Benefits information** – Understanding DLA, PIP, Universal Credit, and Carer's Allowance, including who is eligible and how to apply.
- **Bursaries and financial support** – Guidance on discretionary and vulnerable bursaries available through Lighthouse Futures Trust to help with travel, lunches, equipment, and other essentials.
- **Access to Work scheme** – Support for young people entering work or internships, including job coaching and transport assistance.
- **Social care and personal budgets** – Information about children's and adult social care, direct payments, and personal assistants.
- **Transport challenges** – Discussion of common issues and how to seek additional support.

Families shared experiences around navigating benefits, managing applications, and finding the right support. The detailed information packs with useful links are below.

*Click on the boxes below to view the presentations in full and access the links.*

**Have Your Say!** We would love to hear from you all – if you'd like to request a particular topic for discussion in this year's upcoming sessions, please head to: <https://forms.office.com/e/iLyCzSRBzs> to select your preferences and leave your ideas.



👉 **Next session:** Thursday, 13th November, 5:00pm – 6:30pm at Carlton House – Theme: **Open discussion / general chat**. Shelley, Emily and Julie will host this open session and can provide more in-depth information about last month's topic if needed.

To book your free, **in-person ticket**, head to <https://www.eventbrite.com>

or to **join remotely**, use this joining link: <https://tinyurl.com/3awzv9nu>

👉 Join our [private Facebook group](#) to stay connected with other parents and carers!

Thank you again for being part of this community.



Best Wishes,  
Emily, Shelley & Julie



DLA, PIP and Universal Credit

